



## 2021 Quarterly Update

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### Presidents Update

*Mina Hah, MD*

“Please wear your face covering over your nose and mouth. We are all in this together.” I heard this announcement at a grocery store recently and thought to myself that was a good reminder for everyone that in a public health pandemic everyone’s actions matter and working together as a group is crucial for the health of everyone. This idea made me think about organized psychiatry and how so many psychiatrists still are not a part of organized psychiatry and opt out of membership of the APA or other organized psychiatric groups.

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### What Happens When Things Go from Bad to Worse

*Randall Hagar, Legislative Advocate  
Psychiatric Physicians Alliance of California (PPAC)*

A bit of historical perspective first. Psychiatric emergency mobile team response is a paradigm almost as old as the Lanterman Petris Short Act.

The LPS was established in statute in 1967. The LPS codified the 5150 statute, conservatorship proceedings, and other due process processes. Most state operated hospital beds closed. Community based treatment programs were supposed to well up to take their place and be the dominant treatment paradigm. Community mental health clinics didn’t materialize in the promised numbers. Shortly thereafter, individuals released from state operated hospitals in the best of cases did quick touch ins with the community clinics and started appearing in county jails, then prisons, and then in the limited state operated hospital

beds in a revolving cycle. In many cases these individuals had public meltdowns and were arrested.

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## Ask not what your DB can do for you...

**Shannon Suo, MD, DFAPA**  
**Assembly Representative**

An overused quote? Perhaps. But now that I have your attention: CCPS needs YOU! Aggravated by insurance PARs? Frustrated by systemic racism in the halls of psychiatry? Worried about how electronic prescribing will affect your practice in the coming years? Want more CME? These are topics that affect not just you, but many of our members. Believe it or not, there's something you can do about it! The Psychiatric Physicians Alliance of California, the advocacy organization with which CCPS contracts has sponsored legislation to require insurance companies to suspend PAR authorizations for one year after approval for psychotropic medications. The APA has a Task Force working on dismantling structural racism in the APA.

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## Resident Spotlight

**Collin Shumate, MD**  
**PGY3 UC Davis School of Medicine**

My name is Collin Shumate. I am a current PGY-3 in the psychiatry residency program at UC Davis Health. I am honored to contribute to this newsletter!

I have a background in organized medicine and psychiatry, which I'm excited to say has led me to recently be appointed as an APA Public Psychiatry Fellow! I previously worked extensively within the American Medical Association (AMA) where I drafted several policies that focused on LGBTQ+ health and diversity initiatives. I also served on an advisory committee to the AMA Board of Trustees focused on LGBTQ+ health. I helped craft issue briefs to educate state medical societies on the harms of conversion therapy and "bathroom bills".

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## Kern Chapter Update

**Angad Kahlon, MD**  
**Kern Chapter President**

Hi All!

Hope everyone is doing well and staying safe, as we continue to maneuver through the COVID-19 pandemic as healthcare providers. On July 21, 2021, with the efforts of Kern Chapter CCPS members we were able to host a Kern Chapter meeting and invited our colleagues from the north, in the Sierra chapter. It was great to mingle and catch up with our fellow CCPS members from Kern and Sierra Chapter, while also enjoying a nice dinner and having informative presentations by our speakers. Second, many of our Kern Chapter CCPS members spearheaded a fundraising campaign to support our local NAMI chapter, for the NAMI Walk on 10/09/21. Our group "Kern County Psychiatrists" led by Dr. Bangasan had a great turnout! Thank you all for your generous donations and that money will go a long way to support our patients and their families!



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## October News & Notes

**What's New at the APA**

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