



2021 Quarterly Update



Presidents Update

Mina Hah, MD

Dear Members of CCPS,

As I reflect on the time since our last newsletter, I feel the theme of this time is change. One positive change is that CCPS has officially elected new officers for our organization. I want to give a warm welcome and congratulations to our new President-Elect, Dr. Abdolreza Saadabadi, our new Treasurer, Dr. Amir Beltagui, and our new Secretary, Dr. Sabrina Silva-McKenzie. Dr. Saadabadi is triple-boarded in Child and Adolescent Psychiatry, General Psychiatry and Addiction Medicine. He is on faculty at UCLA Kern and works as the Chair of Psychiatry and Addiction Medicine there as well as the Medical Director of Kaweah Delta Healthcare District. Dr. Beltagui is the Immediate Past President of the Kern Chapter of CCPS. He recently started his own private practice. Previously, he served as part of the faculty at UCLA Kern. Dr. Silva-McKenzie is double-boarded in Psychiatry and Family Medicine. In addition to being the Secretary of CCPS, she is the current President of the Sacramento Chapter. She is on faculty at UC Davis Health Care System as a consultative outpatient psychiatrist in a collaborative care program in the Primary Care Network as well as working as a full-scope outpatient family physician. As a highlight of her work, she continues to practice obstetrics as a family medicine provider including prenatal care, labor and delivery, and postpartum care for mothers and their infants and children. I'm thrilled and honored to have such a diverse and accomplished group of psychiatrists joining me to further the important work of our organization.

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Policy Advocate, Psychiatric Physicians Alliance of California (PPAC)

Randall Hagar

Quick background: A portion of your CCPS dues is set aside for advocacy. CCPS chose to contract with the Psychiatric Physicians Alliance of California (PPAC) for that advocacy. In turn, your advocacy dollars support PPAC's laser-focused, "All advocacy, all the time" mission. This is my personal commitment to PPAC members. Jim Gross, a managing partner of Sacramento political powerhouse law firm Nielsen Merksamer, works with me on a daily basis and provides strategic legal and political advice. Here is a report on some of our efforts on your behalf:

CLICK HERE TO VIEW THE FULL ARTICLE



Chair Public Relations and Fundraising Committee

Ravi Goklaney, MD, DLFAPA

Dear Colleagues,

Some of you must be busy balancing work, family, and impact of Covid-19 upon us and our patients. Sixty-five of you either forgot to renew your Membership of APA and CCPS or you may have some concerns in reference to benefits of continuing Membership of APA and CCPS. APA continue to promote education, advancement of our profession, advocacy for our profession and patients at a National level, and CCPS is very actively involved in promoting education to peers and advocacy for our profession and patients. Your membership is very crucial for collective efforts to achieve our goals of optimal care for our patients and safeguard our profession from intrusion of non-physicians mental health professionals who desire to practice psychiatric medicine in California. If you have any issues or concerns, feel free to write me at ravgok@yahoo.com. Thank you so much for your attention.



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Kern Chapter Update

Angad Pal Kahlon, MD

Dear Members of CCPS,

Hope everyone is doing well and staying safe! It is an honor and pleasure to serve as President of the Kern Chapter of CCPS! I look forward to continuing the strong presence and unity of our Kern Chapter, alongside working with our fellow colleagues in CCPS. In addition, I will do my best to continue leading our chapter in advocacy for our patients and our profession. Kern Chapter has been fortunate to have strong membership, mentors, and leaders over the last several years, which keep our chapter active and unified. Our previous president, Dr. Amr Beltatgui did an amazing job leading our chapter! It is also my pleasure to announce Dr. Chandan Samra as Kern Chapter Resident/Fellow Representative. Dr. Samra is a PGY 3 at the UCLA-Kern Psychiatry Residency Program.

As the nation recovers the COVID-19 pandemic, our patients have more than ever needed our services. Our mental health providers, despite the global health pandemic, have been providing the highest level of care to patients. Moreover, Kern Chapter has stayed very active over Whatsapp and telephone calls in regards to matters related to the APA, issues of concern to the CCPS, or simply staying in touch. As businesses and restaurants open and more of Kern County is getting vaccinated, we look forward to having in-person gatherings including a warm welcome to our new incoming residents. Please let me know if you have any questions or concerns, and I look forward to staying in touch with our CCPS family.



May News & Notes

What's New at the APA

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