



## 2022 Quarterly Update



### Government Affairs Update

**Ravi Goklaney, MD, DLFAPA**  
**Chair, Government Affairs Committee and Chair,  
Fundraising & Public Relations Committee**

CCPS Government Affairs Committee Members: Drs Thompson, Padhy, Saadabadi, and I are very actively involved in the CSAP Government Affairs Committee. In July 2022, Dr Rod Shaner volunteered to chair subcommittee to create a High-Profile Platform Policy for CSAP and CCPS Government Affairs Committee Members made a significant contribution to the High-Profile Platform Policy. Last CSAP Government Affairs Committee meeting was held on November 17, 2022, and the High-Profile Platform Policy was reviewed and probably will be finalized by the end of 2022. Other issues were discussed which are already published in the CSAP newsletter on November 18, 2022.

The CCPS Annual Meeting this year was held on a very short notice from September 16th through 18th, however, Chris Stockton and I were able to secure more than 10 sponsors, raising enough money to prevent any losses to CCPS. I wanted to thank several CCPS members who made exceptional efforts to help with the attendance for the CCPS annual meeting. We had more than 55 attendees. Dr Saadabadi and I made efforts for the UCSF-Fresno faculty and MIT to participate, and this is the first time we succeeded in participation of UCSF-Fresno program. I am currently working on revitalizing Stanislaus and San Joaquin Chapters from Modesto and Stockton, respectively.



## WE NEED YOUR FEEDBACK!

The CCPS CME Committee, as a functioning committee of CCPS, has as its goal the provision of educational activities in order to maintain and improve the clinical competency and performance of its members, mandated by the American Board of Medical Specialties (ABMS) as a necessary component of maintenance of certification, in compliance with the

Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME).

**Please take a few minutes to complete our needs assessment survey. The committee uses the data from this survey to decide on the topic that are presented at future meetings.**

## **CLICK HERE TO COMPLETE THE NEEDS ASSESSMENT SURVEY**



### **Fall Assembly Meeting Update**

***Shannon Suo, MD***  
***CCPS Assembly Representative***

Hello Everyone,

I hope you had a wonderful Thanksgiving Holiday. Click below to see the full report from the Fall APA Assembly Meeting.

One noted correction: The position statement 4.B.8. Role of Psychiatrists in Reducing Physical Health Disparities in Patients with Serious Mental Illness (2015) was NOT approved for retirement as Assembly members felt it was still an important position to retain and was not subsumed by subsequent position statements involving collaborative/integrated care.

## **CLICK HERE TO VIEW THE FULL ARTICLE**



### **Late Life Depression in the midst of Covid-19 Pandemic, a Preliminary Report**

***Rossano Bangasan, MD, DFAPA***  
***Chair, Geriatric Committee***

What is depression and why is it important to know what it is? A lot of my patients would come to my office and start their story during the interview as feeling sad or lonely, or sometimes, from the very start, they may interchangeably use feeling down or depressed on their mood, and not sure if this is the real deal. To begin with, I would tell them, feeling sad or lonely is a natural emotion, it's normal, depending on the situation like you didn't good in the exam, you lost your favorite bag, and things like that. On the other hand, depression is not a normal feeling, it's an illness that can potentially kill a person. It could be feeling sad, lonely, or down on your mood, but it's incorporated with several other symptoms, and that these constellations of symptoms should at least be 2 weeks or more.

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