

Central California Psychiatric Society



Central California Psychiatric Society Newsletter

Issue No. 53

February 2016

Message from the President

By, Ranjit Padhy, MD
CCPS President



It is again spring time. CCPS is having its Annual CME conference in Monterey Bay for the 4th consecutive time. I am sure that it is going to be better than ever in meeting everybody's expectation. I would thank all the members of the CME committee, especially Dr John Onate for his tireless efforts.

While imagining the cool breeze of the Bay, I also feel the heat of the current CPA election. It is no less interesting than the ongoing National Election debates. It seems that the APA/CPA elections are being conducted equally professionally and in a meticulously organized way. I am pleased and amazed to see the enthusiasm at every level of CCPS, from residents and general members to professors and leaders of the organization. It is a mixed feeling for me. In one sense it shows the keen interest in Organized- psychiatry, in general, while that still needs to trickle to chapter level. Although all are happy to see improvement in certain CCPS-chapter



Every Vote Counts

Please remember to vote in the CPA and CCPS elections. The ballots for both elections were sent out in early February. If for some reason you have not your ballot please contact the administrative office:

CCPS Election Deadline—Wednesday, March 9, 2016 at 11:59 p.m. PST.

CPA Election Deadline—Friday, March 11, 2016 at 11:59 p.m. PST.

Administrative Office contact information:

CCPS—(888) 234-1613

CPA—(916) 442-5196

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President's Report

Continued from page 1

activities over last two years there is still more to be done. Thanks to all the leaders contributing in this endeavor. It makes more sense to strengthen our foundation by fortifying the chapters and getting better integration between Academic and community Psychiatry. Kern chapter has been a great example all these years. Kern's achievements are truly exemplary that includes integration with the community at large by involving and recognizing the efforts of other community agencies. Strengthening chapters would be analogue to APA's efforts to encourage our residents and Early-career psychiatrists for greater and early involvement in organized psychiatry. "Emphasizing grass root education and practice" is my own take home message at this juncture.

With Best wishes until next time, Take care of yourself and the people you care for!

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What has changed?_____

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What's Up at APA

- APA members have chosen Anita Everett, M.D. as their next president-elect. Her term as president-elect of the APA, once confirmed by the board, will begin this May at the conclusion of the APA Annual Meeting in Atlanta, when current President-Elect Maria Oquendo, M.D., begins her one-year term as president. You can see all of the election results [here](#).
- APA Foundation Executive Director Paul Burke has announced his retirement. Burke led the philanthropic and public educational arm of the APA starting in 2007 and will retire July 1, 2016. You can view APA's press release on Mr. Burke's retirement [here](#).
- The Partnership for Workplace Mental Health has released its latest issue of *Mental Health Works*, a free monthly publication focused on mental health in the workplace. We encourage you to use this resource in your own newsletters and outreach efforts. You can subscribe to *Mental Health Works* [here](#).
- **APA to Offer Integrated Care Training**
As part of the Transforming Clinical Practice Initiative (TCPI), APA will offer training to psychiatrists to support practice transformation through nationwide, collaborative, and peer-based learning networks.
- **Are you accepting new patients in 2016?**
APA's Find a Psychiatrist is a growing database to help patients find psychiatrists. If you are accepting new patients in 2016, we encourage you to [opt-in](#) to be included. This is a great benefit for expanding your patient base.

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CPA-Alf is dedicated to public education, legislative and legal advocacy. Contributions to the CPPAC (California Psychiatric Political Action Committee) for the purpose of electing qualified candidates to the California Legislature, are collected separately from CPA-ALF due to regulatory requirements.

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Dear Colleague:

After fifty years of practice in child, adult and family psychiatry I have finally retired from full-time work. However, as a result of that fifty years' experience I believe I have discovered a new approach to insight-oriented psychotherapy. This development, I hope, will allow both deeper and earlier work to be done while at the same time shorten the course of the actual treatment.

Accordingly, I have elected to continue work for at least one day a week. I am especially interested in helping people who have been deemed "treatment failures" or "treatment resistant" and not made any improvement with a combination of regular psychotherapy and medication.

I am seeking referrals of these "failures" to ascertain if this new approach has any wide• spread usefulness. The patients have to at least, be willing to meet with me once to explore their situation. There will be no charge for the initial meeting and the usual charges will apply if they elect to continue.

Please screen out schizophrenic or psychotically depressed patients or those with violent/suicidal severe behavioral symptoms. I will have to refer those who need hospitalization to an in-patient psychiatrist for their stay in the hospital.

I will be glad to discuss more of this with you, if you wish, and appreciate your consideration in referring these difficult patients.

Sincerely,

Philip Bronner



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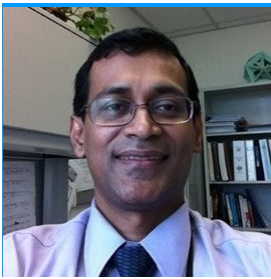
Interested candidates please contact Mona at mkaraguoizian@alignedth.com or call: (818) 528-6166.

Or apply at: <http://www.indeed.com/job/academic-and-practice-opportunity-psychiatry-24861a5424bc7abf>

All candidates must be licensed in California. MD and Board Certified or Board Eligible. Physicians with H-1/J-1 may apply

Referrals welcome. \$5,000 referral fees for Full-Time positions





CHAPTER CORNER

By: Mohammad Molla, MD, DFAPA
Kern Chapter President

On February 25, 2016 CCPS Kern Chapter has had its early Spring session at a local restaurant in Bakersfield, CA. As usual we had a good gathering of about 25 participants including UCLA-Kern psychiatry residents, faculty and community psychiatrists. I was also delighted to have the presence of seven Kern Chapter presidents at the same time in this meeting.

In this meeting following agenda items were discussed:

- 1) To encourage greater involvement of residents: Happy to announce that Dr Ravi Goklaney and Truxtun Psychiatry group assured \$ 1000 each for promoting this. It was also decided that it will solely be used for our trainees for organized psychiatry and participation in conferences (CCPS / CPA). Thanks to both.
- 2) To initiate activities to further improve collaboration between Academic and Community Psychiatrists: A family picnic in the month of March /April 2016 will be scheduled.
- 3) Planning for Summer and Winter Sessions: Since Winter session has the largest gathering and award ceremony, we planned out in advance to have it in the month of November with community leaders and Mental Health supporters as our guests.

This meeting was marked with a brief psycho-pharmacology update by Dr Goklaney with active audience participation.

My sincere appreciation to all those attended the session and looking forward to more collaboration among ourselves in future. Yes: "United We Stand"



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