

News and Notes for APA District Branches/State Associations

April 2021

This monthly newsletter is prepared by the APA's Communications Team as a benefit for our District Branches and State Associations. Feel free to share the articles below in your own newsletter. If you have any questions, please contact James Carty at jcarty@psych.org or 202-609-7077.

Want to keep up with APA in between newsletters? Connect with us on [Facebook](#), [Twitter](#), (@APAPsychiatric), [Instagram](#) and [LinkedIn](#) for the latest news and updates.

What's New at the APA

- APA condemned racism and the negative mental health impact of gun violence in the wake of the tragic mass shooting that killed 8 people in Georgia. APA leadership offered condolences to the families of the victims and included resources for coping with trauma and disaster in the statement. You can read the full statement [here](#), and more on our blog [here](#)
- APA released a statement praising the inclusion of mental health funding in the American Rescue Plan Act of 2021. Approximately \$4 billion in funding for programs that support prevention and treatment of mental health and substance use disorders was included in the \$1.9 trillion coronavirus relief package passed by Congress. You can read more about the funding and provisions included in the relief package [here](#).
- APA marked International Women's Day by highlighting women psychiatrists whose work has exemplified service to disadvantaged groups, learn more [here](#).

Key Dates and Observances

APA Communications staff maintains a calendar of key dates, observances and events at APA and in the world of mental health in general. The calendar is kept up to date a few months in advance. You can view the calendar and keep track of important mental health dates and observances [here](#).

Briefs for Your Newsletter

April Course of the Month – Pharmacological Approaches to Treatment-Resistant Depression

A significant proportion of patients who suffer from depression do not respond to standard antidepressant treatment. Unfortunately, it is unclear what, for a given patient, works best as a next step, pharmacological treatment. This course highlights the recent progress in identifying new therapies for depressed patients who have not responded to standard antidepressants, including atypical antipsychotics, as well as glutamatergic and GABAergic compounds.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

Annual Meeting 2021 - Register Now

Join us for the premier psychiatry event of the year, the [APA Annual Meeting, presented online](#) May 1-3, 2021. It covers the full breadth of psychiatric topics with a focus on the most pressing issues facing your practice and patients. Your registration includes access to:

- 135 scientific sessions led by experts with live Q&A
- Virtual poster hall, exhibits & Pre-Conference Expo
- Interactive networking opportunities
- Up to 13.5 AMA PRA Category 1 Credits™

Learn More & Register Today: Psychiatry.org/AnnualMeeting

Ask an App Advisor – April 13, 2021, 3-4 p.m. ET

The APA is now hosting a recurring webinar focused on digital mental health, featuring our own APA App Advisor Expert Panel. "[Ask an APA App Advisor](#)" will be held the second Tuesday of each month, and the first will be Tuesday, April 13 at 3:00 p.m. ET. For the first event, members of App Advisor will present an overview of how to use our [App Evaluation Model](#), and also respond to questions about using the model from the perspective of clinicians and patients. Registration information and an opportunity to pre-submit questions can be found [here](#). If you have any questions about App Advisor or the webinar, please feel free to contact appadvisor@psych.org.

https://zoom.us/webinar/register/WN_RFuEszpzt2SWbcrkN8GEsg

Clearing the Smoke: Cannabis and Mental Health – A two-part webinar series presented by APA & AAAP

Part 1: Thursday, April 8, 2021 | 1:00 -2:00 p.m. ET

Part 2: Thursday, April 15, 2021 | 1:00 - 2:00 p.m. ET

The first webinar will provide an overview and updates on cannabis use in patients, mental health impacts and clinical practice recommendations based on the latest research, and the second will provide more insights and answer questions on cannabis in psychiatry/addiction psychiatry patients.

- Register for Part 1: https://zoom.us/webinar/register/WN_nQVNMeQjQ4e4e7CAqXrFoA
- Register for Part 2: https://zoom.us/webinar/register/WN_07cg0IFSsKluMdouAwPMg

APA Mental Health Equity Fireside Chat – The Impact of the COVID-19 Pandemic on the Mental Health of African-Americans

Join APA for a two-part webinar series that will examine strategies and opportunities to improve the mental health of African Americans during the COVID-19 pandemic, while also raising awareness and building trust on the efficacy of the COVID-19 vaccine. Prominent leaders in their respective fields will discuss the impact of the COVID-19 pandemic on the mental health of African Americans.

- Part 1 (open to public): Thursday, April 8, 2021 | 7:00 - 7:45 p.m. ET
- Part 2 (members only): Thursday, April 8, 2021 | 8:00 - 8:45 p.m. ET

<https://www.psychiatry.org/psychiatrists/cultural-competency/mental-health-equity-fireside-chat>

APA Awards- Now Accepting Nominations

Each year APA honors individuals for career recognition, lifetime service, outstanding research, and other categories that improve the lives of people with mental illness. Now accepting nominations for the following awards:

- **Manfred S. Guttmacher Award** – June 1
Presented to an APA member who has authored an outstanding publication on ethics.
<https://www.psychiatry.org/psychiatrists/awards-leadership-opportunities/awards/guttmacher-award>
- **Isaac Ray Award** – June 1
Recognizes a person who has made outstanding contributions to forensic psychiatry or to the psychiatric aspects of jurisprudence.
<https://www.psychiatry.org/psychiatrists/awards-leadership-opportunities/awards/isaac-ray-award>
- **Carol Davis Ethics Award** – November 15
Presented to an APA member who has authored an outstanding publication on ethics.
<https://www.psychiatry.org/psychiatrists/awards-leadership-opportunities/awards/carol-davis-ethics-award>