



2021 Quarterly Update



Presidents Update

Mina Hah, MD

Dear Members of CCPS,

I am humbled and proud to represent you as your new President. I will do my best to represent your views and to advocate for our field of medicine and for our patients. As I reflect on this year I am filled with different emotions. Grief for the tragic losses in our nation of people who were loved and who contributed to our community. Hope for our future with the release of several vaccines that were quickly invented with cooperation and collaboration between companies and countries. Apprehension that our field of medicine is not being fully appreciated or acknowledged by society and the general lack of knowledge of our expertise and years of training.

[CLICK HERE TO VIEW THE FULL ARTICLE](#)



Chair Public Relations and Fundraising Committee

Ravi Goklaney, MD, DLFAPA

Dear Colleagues, it has been a long time since we have communicated amongst ourselves. Since our last communication, CPA was dissolved due to conflicts among five district branches which could not be resolved after vigorous efforts for two years despite CCPS effort with the other four district branches to bring unity. CCPS council continues to work diligently to protect the interest of our profession and patients. CCPS joined a newly developed advocacy group, Psychiatric Physicians Alliance of California (PPAC), and Mr. Randall Hagar, former lobbyist of CPA, is working for PPAC. As a result, advocacy in Sacramento for our profession and patients continues to be represented without any disruption. We all have been physically disconnected and even written communication has

been almost nil due to the COVID-19 pandemic. COVID-19 pandemic has impacted all of us and our patients even more. We are all going through an exceedingly difficult time. Today, it is more important than ever that all of us stay unified and work together to face the challenge brought upon all of us by the COVID-19 pandemic. We should not allow it to impact our united efforts to support APA and continue to work towards enhancement of our profession and quality of care of our patients. If any member of CCPS has any questions, comments, or concerns, please feel free to email me at avgok@yahoo.com and I will be happy to email you at my earliest. It has been a great pleasure and honor that all of you allowed me to serve CCPS, CPA, and APA for over 24 years. I am incredibly grateful to all of you and I sincerely hope you will continue to be members of CCPS and APA.

2021 CME Topic Survey

We need your input on CME topics that you would like presented in 2021. Please take a few minutes to complete the survey using the link below:

CME TOPIC SURVEY



Kern Chapter Update

Amr Beltagui, MD

Dear Members of CCPS,

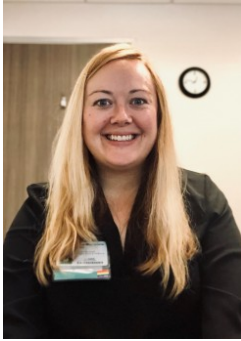
Much like the rest of California (and indeed the country), Kern County has been hit pretty hard by COVID-19. Despite the challenges brought on by the pandemic, the CCPS-Kern Chapter members have been as active as they had always been – virtually at times, and in-person (albeit following the CDC guidelines, including wearing masks and social distancing) at others.

In the very early days of the pandemic, Dr. Ravi Goklaney and his lovely family hosted the CCPS-Kern Chapter members for the annual spring picnic in the backyard of their beautiful home in Bakersfield. Indeed, the weather was gorgeous, the food yummy, and the atmosphere as pleasant as could be that March 14th, 2020, afternoon. On behalf of all, who attended, I would like to thank the Goklaney's for their kindness and generosity.

For the remainder of 2020, the CCPS-Kern chapter members communicated via the chapter's WhatsApp groups, held Zoom meetings and phone conferences, and had one-on-one phone conversations with each other to stay informed about matters related to the APA, discuss issues of concern to the CCPS, or simply stay in touch.

Last, but by all means not least, the CCPS-Kern chapter members unanimously elected Dr. Angad Kahlon to serve as the chapter's next president. Please join me in congratulating President-Elect, Dr. Kahlon, whom I have no doubt will lead the chapter with tact and in a manner that preserves the unity of its members for the next two years.

Finally, I would like to wish the CCPS members near and far a Happy New Year: Here's to a 2021 full of success and free of COVID-19!



Sacramento Chapter Update Sabrina Silva-McKenzie, MD

Hello to all CCPS members from the Sacramento Chapter! While the past year on council as Sacramento Chapter president has been in many ways a time of great change, it has also been an opportunity for thoughtful reflection and hopeful innovation on ways to vitalize our chapter and engage and expand membership. Many plans for events have been delayed or changed due to the pandemic, including having the 2020 Annual Meeting in Sacramento. As we kick off the CCPS newsletter in this new year, the Sacramento Chapter plans to begin our own quarterly newsletter with information for and contributions from our Sacramento Chapter members. If any Sacramento Chapter members have contributions, please feel free to submit them to me, as our first newsletter will likely go out to members next month. Our goal with the chapter newsletter will be to increase awareness of local events and opportunities for scholarship, networking, kinship, and advocacy.



February News & Notes

What's New at the APA

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