

Central California Psychiatric Society



Central California Psychiatric Society Newsletter

Issue No. 37

October 2011

The President's Report

By, Robert McCarron, DO
CCPS President



Dear CCPS Members,

Just a quick reminder to mark your calendars and tell your colleagues and friends about our upcoming 2012 CCPS Annual meeting, which will be held at the Chaminade in Santa Cruz on 3/23-3/25. We have a terrific line up of speakers, including Henry Nasrallah and Rod Shanner, who will speak on schizophrenia updates and innovative primary care / behavioral health care integration strategies, respectively. We are also excited to have our second annual CCPS resident case vignette competition! A call for interesting, clinically relevant and thought provoking cases will be coming shortly.

Our CME committee is planning to invite non-physician, mental health and primary care practitioners, as we hope this will be of high educational value to our colleagues who address behavioral health issues. Please spread the word to those who you think might be interested and visit our website at: www.cencalpsych.org for details.

Best wishes to a happy Thanksgiving holiday to you and your families!

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The President-Elect Update

By, Shannon Suo, MD
CCPS President-Elect



What a world we live in! I write this column anxiously awaiting the announcement of the new iPhone 5, having spent the past few hours paying bills online, submitting for reimbursements via fax, Facebooking, and checking and responding to e-mails. Think about how far we've come in under 20 years with technology: in medical school I got my first cell phone for emergencies only. I had a 10 minute/month plan. Now I have to worry about when to get my daughter (now 7) a cell phone and have a 1400 min/month plan! With all this technology and "convenience" come a lot of challenges for organized psychiatry: how do we keep CCPS, CPA, and APA an organization that is supportive and *personable* to our members? In my observation, for a profession that is based in one-

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Congratulations

Ravi Goklaney, MD

For receiving the

2011 Recovery Practitioner Award

from NAMI California

Dr. Goklaney received this award for consistent initiation promotion and reinforcement of recovery principles in the clinicians practice

HAVE YOU MOVED? ARE YOU FINISHING YOUR RESIDENCY?

Please let us know of changes in your address or residency status by mailing or faxing us this form.

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SAVE THE DATE



Central California Psychiatric Society
2012 Annual CME Conference

March 23-25, 2012

Chaminade Resort
In the Santa Cruz Mountains



President-Elect Update

Continued from page 1

on-one relationships with people, we are becoming less and less interactive with our colleagues!

In my role as President-Elect and Annual Meeting Chair, I am constantly thinking of ways to make our society relevant and useful to our members. From upgrades/updates to our website to the speakers and events that we have at our annual meeting, I want CCPS to be a group that is valuable to members personally and professionally. As Dr. Reyes talks about in his guest column, APA/CPA/CCPS should be *inclusive of all members*, and needs to represent and respect the needs and views of all who belong.

Despite the technologic advances of the past few years, we are still in a difficult economy and I realize that professional memberships become challenging to sustain. I appreciate everyone who renews their membership year after year and encourages those who are not members to join. Besides providing amazing meetings, APA and CPA do a tremendous amount of lobbying and speaking out on our behalf. At a grass-roots level, CCPS can serve as a resource for finding mentors and people of like-minds to collaborate and share resources. Whether you're an academic, a community psychiatrist, working in Kaiser, private practice, a resident, student, or retired, we all have something to share and be nurtured.

Use electronic media, call another member, or attend a live meeting of your chapter. Reach out and connect with each other. And let your Council members know what you need! We're here to help!



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TO BE INCLUDED

*Submitted By, Raymond M. Reyes, MD,
NCPS President*

My family returned to the Philippines in 1958. Being an anesthesiologist at that time in the Philippines meant my father spent time explaining the discipline to medical graduates who neither knew nor understood that medical specialty. A few years would pass until his professional identity would achieve full expression. Meanwhile he maintained lifetime AMA membership.

1983 I was home in San Francisco having just completed my medical studies. One of the rejection letters I received from a prospective residency went like this, “Mr. Reyes: at this time this university is not offering residency training positions to foreigners.”

The U.S. Air Force hired me in mid-1985 when I finished my transitional internship. In eleven years on active duty the issue of where I attended medical school never arose and I was never challenged on my professional credentials.

From late 1989 through 1997 I was an Air Force AMA delegate, first to the Residents’ Section, later the Young Physicians Section. Even after a year on the YPS’ Governing Council we did not qualify for a seat in the House of Delegates, the so-called “Big House.”

Belonging to various Sections, representing minorities, foreign medical graduates, members in training and early career physicians made it abundantly clear what inclusion and exclusion were all about.

Inclusion and a service mentality inform my presidency in this organization. Some might ask why I find it important to extend opportunities for participation and leadership to “underrepresented” members: women, IMGs, LGBT, psychiatrists in recovery and in particular to younger physicians. The idea is to strengthen NCPS in such a way that, perhaps in a decade or so, no one will need to say, “This Filipino president-elect” or “that trans MIT with an illness.”

Surely these changes will evolve gradually and not occur overnight. Asking to increase the number of Resident Councilors is one aspect of this initiative. One need only look at a picture of our current Council to appreciate the diversity that is one of our strengths.

Somehow I hope we can use images like these to capture the imagination of new and retained members as if to declare, “You will need to find your voice. You, too have something very important to contribute.”

Events rather than individual will define presidencies. Shakespeare reminds us how “the good is oft interred with their (our) bones.” Five years ago when I was treasurer it was uncertain whether NCPS would continue existing. It’s my hope to celebrate Psychiatry by inviting any and all who might contribute to its identity.



MEMBERSHIP UPDATE REPORT

NEW MEMBERS

BEVERLY CHO, MD

Member In Training
Medical School: UC URVINE
Residency: UCSF FRESNO
Presently: Fresno, CA

EMILIE DAHOD, MD

MEMBER IN TRAINING
MEDICAL SCHOOL: UC DAVIS SCHOOL OF MEDICINE
RESIDENCY: UC DAVIS SCHOOL OF MEDICINE
PRESENTLY: SACRAMENTO, CA

SOFIA LE, MD

MEMBER IN TRAINING
MEDICAL SCHOOL: WESTERN UNIVERSITY OF HEALTH
SCIENCES
RESIDENCY: UCSF FRESNO
PRESENTLY: FRESNO, CA

EMILY PORCH, MD

MEMBER IN TRAINING
MEDICAL SCHOOL: UMDMNJ—ROBERT WOOD
JOHNSON MEDICAL SCHOOL
RESIDENCY: UC DAVIS SCHOOL OF MEDICINE
PRESENTLY: SACRAMENTO, CA

KHANDIE WAUGH, MD

MEMBER IN TRAINING
MEDICAL SCHOOL: UCLA DREW SCHOOL OF MEDICINE
RESIDENCY: UCSF FRESNO
PRESENTLY: FRESNO, CA

REINSTATEMENTS

None to Report

TRANSFERS IN

Deepak Kumar, MD

General Member
Transfer from: Alaska Psychiatric Association
Presently: Coalinga, CA

Jaskaran Sandhu, MD

General Member
Transfer from: Central Missouri Psychiatric Society
Presently: Sacramento, CA

Narin Wongngamnit, MD

General Member
Transfer from: Colorado Psychiatric Society
Presently: Sacramento, CA

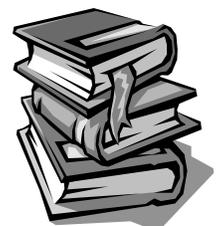
Dennis E. Zorro, MD

General Member
Transfer from: New York County District Branch
Presently: Fresno, CA

DB TRANSFERS OUT

Alexander S. Huang, MD

Sheela Reddy, MD





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SAM A. CASTRO, MD, EDITOR