

Central California Psychiatric Society



Central California Psychiatric Society Newsletter

Issue No. 32

July 2010

The President's Report

By, Robert McCarron, DO
CCPS President



While at the APA Annual meeting in New Orleans, I was asked the following question by a central California based Psychiatrist, "So what's the purpose of CCPS and all the other district branches / chapters...why should I be a part of these organizations?"

I appreciated his candid questions, as it put me in the position to reconsider my priorities as incoming CCPS President. Put simply, I believe psychiatrists who remain active CCPS and chapter members benefit in three ways: 1) Advocacy for their profession and patients, 2) Education to keep up on what's new and, 3) Support and camaraderie from others who can relate and even lend some words of wisdom and comfort.

Advocacy:

One of the most important functions of the California Psychiatric Association is to follow important government affairs and legislative issues that directly affect the day-to-day practice of psychiatry and general medicine, as well as patient care and mental health care policy. Each district branch has one representative to the CPA government affairs committee, with the purpose of addressing important and ongoing national and statewide issues such as: scope of practice and making sure that potential prescribers do not take an unsafe "short cut" with their

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The President-Elect Update

By, Shannon Suo, MD
CCPS President-Elect



I would like to thank those who expressed their confidence in me by casting their vote for CCPS President-Elect. Part of my excitement in becoming President-Elect is based in the opportunity to work with Robert McCarron as President for the next two years. I

don't know if anyone's noticed, but you now have 2 medical/psychiatric-trained leaders! Robert's background is in Internal Medicine and Psychiatry, I was trained in Family Medicine/Psychiatry at UC Davis and will be joining the faculty at UC Davis in July. I suspect that the presence of so many combined-trained people in organized psychiatry reflects psychiatry's recognition of the need to integrate primary care and psychiatry, as evidenced by the APA Assembly's support of a position statement on Psychiatry and Primary Care.

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President Report

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medical education, addressing mental health stigma and disparities, parity for those who have mental illness and substance related disorders, physician reimbursement, etc. As a CCPS member, you can be sure that your professional concerns are our concerns and that we will continue to advocate for you and your patients.

Education:

As many of you know, our annual CCPS conference is a great place to learn from experts in the field, while making new friends and catching up with long time colleagues. My goal over the next year is to provide additional support to each of the chapters so they can have regularly scheduled educational meetings. Some specific ideas include:

1. Encourage excellent regional speakers to present within their own chapter and travel to an adjoining chapter to give the same talk (e.g. Sacramento based speaker may be interested in providing a talk to the Sierra chapter, and vice versa).
2. Have university affiliated grand rounds speakers also present at a chapter dinner during their visit.
3. Assist chapters with fundraising to hold educational dinners (e.g. reach out to local physician recruiters and financial planners)
4. Increase funds to help support educational meetings
5. Facilitate co-hosting of meetings among chapters

As a reminder, please mark your calendar for the following conferences:

- Central California Psychiatric Society, in Sana Cruz CA, March 25-27, 2011
- California Psychiatric Association, in La Quinta CA, October 8-10, 2011.

Support and camaraderie:

This is probably the most important and least purposely organized part of being involved with CCPS. With statewide health care budget shortfalls, resultant cuts to patient care and uncertainty about the future of healthcare, it can be helpful to reach out to colleagues for support and innovative ideas on how to cope with these and other profession related stressors. I hope your involvement in chapter gatherings, various committees, council meetings and our annual meetings provide a forum for you to connect with those who can truly relate – to form long lasting friendships.

Best wishes for a fun and relaxing summer!



President-Elect Update

Continued from page 1

statement on Psychiatry and Primary Care.

Robert and I attended my first CPA meeting on 6/19 in Glendale. It was a great experience and I met a number of leaders from around the state. These next 4 years should be fun and I look forward to collaborating with the other district branches to further the goals of CCPS, CPA, and APA.

Additionally, we have re-incorporated the CME Chair role into the President-Elect's duties, so I am also hard at work planning for the Annual Meeting for 2011. We will be at Chaminade in Santa Cruz again, so save the dates for March 25-28, 2011! As always, please let any of the Annual Planning Committee members know if you have any suggestions for the meeting.

Celebrate CCPS at the APA: Awards and Attendance

Submitted By, Don Hilty, MD, Immediate Past President

Awards

The APA Annual Meeting was at New Orleans, May 22-26 and this year, and we had many folks honored at the Convocation for their service to CCPS, the CPA and the APA. This occurs by nomination and selection of Fellows, Distinguished Fellows, 50 Year Members, Life Members and Distinguished Life Members. The awardees:

Fellows

Pamela Alfafara
Craig Campbell
Markham Kirsten
Oladipo Kukoyi
Xavier Lara
Robert McCarron
Marta Obler
Blair Romer
Robert Ruxin
Shannon Suo
Shoujie Zhang

Distinguished Fellows

Don Hilty
Russell Lim

50 Year Members

Gerald Brody

Life Members

Maximo Parayno Jr.

John Zil

Distinguished Life Members

John O'Neal

CCPS Honor

The APA also honored DBs in Areas 1-7 who had the highest % attendance—CCPS won! We will raffle out 3 free registrations to next year's meeting. We will find out who is attending in February or so and then develop a process to award them.

Thank you

I would like to thank our members, the community, hospital/clinic/practice systems, chapters, PESC staff, committees, and our Council—and all of their families—for the passion, effort and activities over this four-year term as president. We have tried to support our patients and our members.



Russell Lim, MD and Don Hilty, MD at APA Annual Meeting after being honored as Distinguished Fellows.



Community Psychiatry Update

Submitted By, Andrea Bates, MD,
Community Psychiatry Committee Chair

Psychiatrists from the Sierra Branch region (Fresno and Visalia areas) gathered for a dinner event on May 6, 2010 at The Elbow Room Restaurant.

Robert McCarron, President of CCPS and I were chatting at the close of the CCPS Annual Meeting in March in Santa Cruz wondering, "Where in the world can one find a psychiatrist in the Fresno/Visalia area?" My job is to establish and support permanent psychiatrists in the psychiatric hospital in Visalia (through Traditions Behavioral Health at Kaweah Delta Mental Health Hospital) and Robert commented there is no leader within the branch and the membership has not been meeting for quite some time. Therefore, the Sierra Branch of the CCPS lacks the vital leadership link from its community members through CCPS, to CPA, to APA.

We decided to hunt out psychiatrists. We organized a dinner and sent out 300 letters to as many addresses we could find for psychiatrists in the area, and also to psychiatry residents with region. We found a good handful of them! We obtained psychiatrist leadership representation from Fresno County Mental Health, Tulare County Mental Health, past leadership of the Sierra Branch CCPS and other community psychiatrists and residents from the Fresno and Visalia areas. It was a truly delightful time.

The discussion theme for the evening, expertly directed by Robert was, "The Regional Trends in Psychiatry." We talked of what we could hope for, what was possible to do together in the future. There was mention of wasn't able to flourish - of things hoped for in the past. Indeed there is a fragile and broken net of mental health services. We considered that together we make more happen, to make things more alive again. Together we can better identify what services are available and where. We can help bring mentor-ship between the older and the more youthful, and transition wisdom. Together we can build community and a leadership link to CCPS.

Robert, our President of CCPS has graciously agreed to extend himself again - to travel and lead a second dinner event - to be a bridge and a hand to the Sierra Branch community and help support the docs here. Likewise, Traditions Behavioral Health is pleased to sponsor a second dinner to provide a comfortable forum

for the psychiatrists of the Sierra Branch Region to gather and chat once again. All psychiatrists who live or work in the area or want to are welcome to attend. Date to be announced and probably will be in late July or early August. Be looking in your mailboxes for a letter and come out to meet and talk with your fellow psychiatrists! We want to find and meet the rest of you! Interested participants may also email or call Chris Stockton for details.

California Psychiatric Association Advocacy and Litigation Fund (CPA-ALF)

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CPA-Alf is dedicated to public education, legislative and legal advocacy. Contributions to the CPPAC (California Psychiatric Political Action Committee) for the purpose of electing qualified candidates to the California Legislature, are collected separately from CPA-ALF due to regulatory requirements.



SAVE THE DATE



Chaminade



Central California Psychiatric Society
2011 Annual CME Conference

March 25-27, 2011

Chaminade Resort
In the Santa Cruz Mountains



Highlights from the Sacramento Chapter Dinner

June 24, 2010

Photographs Courtesy of John Onate, MD



Lorin Scher, MD, CCPS Sacramento Chapter President and April Crofut, MD, CCPS, MIT Representative



Randy Polidan and CCPS President Robert McCarron, DO



Lorin Scher, MD and Robert Ruxin, MD



Guohua Xia, MD giving his presentation



Cindy Thygeson, MD, Robert McCarron, DO, and Captane Thomson, MD

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Women's Health and Career Presents Elizabeth Tully, MD

Submitted by, Brenda Robertson, MD
MIT Representative, Bakersfield CA



Elizabeth M. Tully, MD, FAPA, is a researcher in psychosis prevention and early intervention. As Chief of the Division of Child & Adolescent Psychiatry at UCLA-Kern Psychiatry Residency Program in Bakersfield, she teaches residents and fellows about the psychosis at-risk state. Dr. Tully completed an NIMH research fellowship at Yale University School of Medicine in

prodromal psychosis in 2005. Since then she has become particularly interested in insulin resistance, diabetes and schizophrenia. She encourages everyone to imagine a world without schizophrenia. "Prevention and early intervention are where it's at in child psychiatry. It is up to us to do the research."

Dr. Tully is also a strong advocate for membership in the APA, and urges medical students and residents to join early and remain involved throughout their careers. She served as president of the Southern Nevada, Las Vegas, Chapter and founded the first Regional Council of the American Academy of Child & Adolescent Psychiatry in Nevada. Dr. Tully says, "The APA meetings offer a wonderful opportunity for networking and solidarity with colleagues."



UC DAVIS SCHOOL OF MEDICINE
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Health Sciences Assistant/Associate Clinical Professor – Outpatient Clinic. The University of California, Davis, Department of Psychiatry and Behavioral Sciences is recruiting for two Health Sciences Assistant/Associate Clinical Professors in the clinician/teaching series to serve as teaching attendings at one of the Sacramento County clinics staffed by UC Davis Faculty. General psychiatry residents and medical students rotate at these sites. Interest and experience in teaching and supervision of medical students, residents, and other mental health professional is highly desirable. The successful candidate should be board eligible or certified in general psychiatry and be in possession of or eligible for a California Medical license. The successful candidate will provide group and individual supervision of clinical cases for general psychiatry residents, psychology fellows, medical students and other mental health professionals (including timely and appropriate evaluation of trainee performance) as well as have the opportunity to lead small group seminars and case conferences. The Department provides a stimulating teaching and research academic environment and serves a culturally diverse population. See www.ucdmc.ucdavis.edu/psychiatry

For full consideration, applications must be received by December 1, 2010. Position is open until filled, but no later than March 31, 2011. Interested candidates should email a curriculum vitae and letter of interest in response to Position #PY-05R-10 to Juli Koeberlein at juli.koeberlein@ucdmc.ucdavis.edu. For more information concerning these positions, please contact the search committee chair, Dr. Francis Lu at francis.lu@ucdmc.ucdavis.edu In conformance with applicable law and University policy, the University of California, Davis, is an equal opportunity/affirmative action employer.

<http://www.ucdmc.ucdavis.edu/psychiatry/>



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MEMBERSHIP UPDATE REPORT

NEW MEMBERS

Shannon Clark, MD

Member In Training
Medical School: UC Davis Medical School,
Sacramento, CA
Residency: UC Davis, Sacramento, CA
Graduation Date—06/2011
Presently: Sacramento, CA

Kathleen Marshall, MD

Member In Training
Medical School: PENNSYLVANIA STATE College of
Medicine, Hershey, PA
Residency: UC Davis, Sacramento, CA
Graduation Date—06/2013
Presently: Bakersfield, CA

Anne McBride, MD

Member In Training
Medical School: UC DAVIS MEDICAL SCHOOL,
SACRAMENTO, CA
Residency: UC Davis, Sacramento, CA
Graduation Date—06/2013
Presently: Sacramento, CA

PAULA WADELL, MD

Member In Training
Medical School: UC DAVIS MEDICAL SCHOOL,
SACRAMENTO, CA
Residency: UC Davis, Sacramento, CA
Presently: Sacramento, CA

JUAN CARLOS ARGUELLO, MD

General Member
Medical School: Naval Medical Center Portsmouth,
Portsmouth, VA
Residency: Children's Hospital Boston/Harvard
Medical School
Presently: Sacramento, CA

CINDY THYGESON, MD

General Member
Medical School: Loma Linda University, Loma
Linda, Ca
Residency: John's Hopkins Hospital, Baltimore, MD
Presently: Elk Grove, CA

REINSTATEMENTS

None to Report

TRANSFERS IN

Keelin Garvey, MD

Member In Training
Transfer from: Rhode Island Psychiatric Society
Presently: Sacramento, CA

DB TRANSFERS OUT

Angela Sagar, MD

R.J. Cavanaugh, MD

Alvin Edward Neumeyer, MD



Butte County Behavioral Health Department Employment Opportunity

Butte County Behavioral Health Department invites applications for the position of Medical Director. This position, under administrative direction, plans, organizes, and manages the medical services component of the Butte County Department of Behavioral Health. The salary range for this position is \$211,584 - \$259,000 annually, and includes a comprehensive benefits package featuring retirement, health insurance, leave time, life insurance, and more.

Please submit a Butte County regular help application to: Butte County Human Resources, 3-A County Center Drive, Oroville, CA 95965, Recruitment# 104116044. The application can be obtained and submitted to the Human Resources Department website at www.buttecounty.net/personnel . Applications may also be mailed to the above address. For additional information, please feel free to call (530) 538-6950 or (530) 538-7651.

The filing date for this position is April 19, 2010 through 07/30/2010 (filing period extended). All applications must be received by 11:59 pm on the closing date, July 30, 2010. Butte County is an Equal Opportunity Employer.

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Denny Rodriguez, JD
Assistant Vice President, Claims
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