



The President's Report

By, Robert McCarron, DO
CCPS President



As we approach the Thanksgiving holiday, I would like to take a moment to express my gratitude to those who are largely responsible for overseeing the “nerve center” or the most critical component of CPA / CCPS – the Government Affairs Committee (GAC). Under the direction of Ron Thurston, M.D.,

Randall Hagar and Barbara Gard, as well as the many dedicated and knowledgeable committee members, GAC advocates for the best interest of our patients and for our profession.

The following are some examples of GAC objectives that often influence statewide policy.

- Promote best practice and evidence based mental health care
- Advocate for suicide and violence prevention programs
- Work to increase care for those who have comorbid psychiatric illness and a substance abuse disorder
- Integrate primary care and behavioral health care
- Play a significant role in how the Affordable Care Act will be implemented over the next three years, and beyond
- Ensure that prescribers have sufficient education and expertise to actually prescribe

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The President-Elect Update

By, Shannon Suo, MD
CCPS President-Elect



I'm preparing myself for my first Assembly meeting this November in Ravi's stead. The conference calls thus far have been a fascinating glimpse into the process of APA workings. I've served on a component before, been a Minority Fellow, and have extensive service on the CCPS council, but this is my first experience with the Assembly. I look forward to reporting to you all about what happens!

With our last annual meeting now 6 months behind us, the Annual Planning Committee is in full swing. We're pleased to announce topics of substance abuse, depression, and pain management in our lineup and have confirmed Deborah Hales, Director of Education for the APA, as our keynote speaker on Saturday, discussing maintenance of certification! If you haven't heard: MOC is the new buzz phrase for medical specialties, all boards are now implementing MOC

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President Report

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What can you do to help the GAC help you (and your patients)?

The **Advocacy and Litigation Fund** is used to educate legislators, thought leaders and the public, to augment and enhance CPA lobbying efforts and enable legal action on scope of practice and patient safety. This fund plays a critical role in opposing psychologists' efforts to practice medicine without proper medical education.

The **Political Action Committee Fund** is separate from the GAC but is used to provide campaign contributions to qualified candidates and office holders. Put another way, this fund helps us elect legislators who also advocate for high quality mental health care.

Annual donations to these two funds will bring us closer to the aforementioned goals, while improving patient care and overall satisfaction for our profession. Of course, we would have no GAC without you, CCPS members. For that, I want to personally thank you for your continued support to your profession, and to our Society.

Best wishes for Happy Thanksgiving!



SAVE THE DATE



Central California Psychiatric Society
2011 Annual CME Conference

March 25-27, 2011

Chaminade Resort
In the Santa Cruz Mountains



President-Elect Update

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programs to replace the old q7-10 year single exam. We will also be showing the Frontline special: The Meth Epidemic on Friday night, with a special discussant, Steve Suo, the reporter featured in the Frontline episode. (Yes, full disclosure: he's my cousin!) Despite the appearance of nepotism, Steve is a Pulitzer Prize winning journalist who rose to national prominence with his article series on methamphetamine use in The Oregonian, so the committee feels fortunate to have an "in" to have him come speak about the Frontline documentary! With the above planned topics and pending speakers, we are scheduled to offer 13.5 hours of CME this year.

The resident social has expanded to 1.5 hours and plans are in the works for residents from the 3 programs to participate in a Mind Games-like trivia game as well. We're looking for more ways to connect residents with mentors and provide focused activities for them at the 2011 meeting, so MITs: be sure to check out the program when it comes out! Remember, MITs receive free registration and a \$200 stipend! (Must be APA members.)

Yosemite Chapter Report

Submitted By, John J. Jacisin, MD, DLFAPA, Chapter President

The Yosemite Chapter met on 9/2/10 following a pharmaceutical presentation by John Handy, MD on the use of Abilify for augmentation in treatment resistant depression. Six members attended with 4 guests. Dr. Mukherjee discussed happenings at the County Mental Health Department, and Dr. Jacisin and Dr. Palmer discussed issues at Doctors' Behavioral Health Center. The new ECT program at DBHC awaits final clearance from the State. Dr. Jacisin told the group about a new medical student program. PGY-III and IV students from the Midwestern School of Osteopathic Medicine in Phoenix are rotating through medical clinics in the area and we are providing a four week rotation in psychiatry with students spending mornings at DBHC and afternoons in the outpatient clinic at the Psychiatric Medical Group in Modesto. The initial rotation was well received. Dr. Verderame suggested having students rotate with him for 1/2 day at Crestwood Manor, and possible 1/2 day @ County Mental Health. A stimulating discussion of local psychiatric issues ensued. Dr. Mukherjee proposed we set up an e-mail link with all APA/Yosemite members to stay in communications about local

issues. All agreed. We learned that Dr. Foreman has moved to Southern California and Dr. Mercado has returned to Ohio. Members present suggested we meet without necessarily having a presentation, although Dr. Jacisin would like to see members do a presentation that could be approved for CME through CCPS. Members present would be willing to pay for our own meals to attend.

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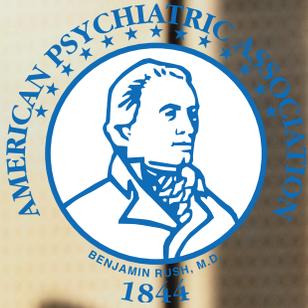
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UC Davis Residents Learn About Advocacy and APA Governance

Submitted By, Margaret Leung, MD,
Member-In-Training Committee—Sacramento

The American Psychiatric Association hosted its fall components meeting in Washington, D.C. September 22-24 where various members participating on APA's councils met together, along with residents and fellows. UC Davis psychiatry residents Puja Chadha, a Substance Abuse Mental Health Services Administration (SAMHSA) minority fellow, and Margaret Leung, an APA leadership fellow, attended the conference to learn more about the governance of APA and participate in advocacy.

Residents from across the nation met with council members, members of the Board to Trustees, and Dr. Carol Bernstein, president of APA. Residents served as fellows in four different programs, SAMHSA, diversity leadership, public psychiatry, and leadership. After a crash course on how to do advocacy with congressional representatives and senators, nearly 40 residents flocked to Capitol Hill to urge lawmakers to consider:

- postponing Medicare's Sustainable Growth Rate to avoid a 21% cut in Medicare payments to physicians and find a permanent Medicare payment fix,
- supporting the development of child and adolescent and geriatric psychiatry workforce through loan forgiveness to the physician or grants to medical schools and teaching hospitals,
- requiring all health care professionals, including physicians, to disclose their qualifications and licensure in all advertisements, and further empower the Federal Trade Commission to combat deceptive or misleading advertisements in the health sphere.

House legislation has already been introduced to address the workforce deficits and truth in advertising. Dr.

Chadha and Dr. Leung visited the offices of Representatives Henry Waxman and Jackie Spier, and Senators Boxer and Feinstein.

A town hall meeting was held with Dr. Bernstein and the residents to see what fellows and APA could do at various levels of governance to increase participation. Dr. Bernstein emphasized the importance of local participation with district branches. Fellows were interested in maintaining ties with APA through networking with previous alumni who received fellowships and bringing news back to their respective residency programs on active issues of discussion within APA's councils and board of trustees. One of the major discussions on the Council of Adult Psychiatry was the role psychiatry could play in the patient-centered medical home model. While the medical home model offers the opportunity to improve coordination and integration of mental health and primary care systems, psychiatry has lagged behind in the discussions of how to either collaborate and/or coordinate with other providers. The importance of integration of care was reiterated at the annual APA meeting in May when the APA Assembly approved an action paper titled, "Psychiatry & Primary Care Integration Across the Lifespan.". While the organization of APA is complex, participation most importantly begins at the local level.



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General Member

Medical School: DAYANAND MEDICAL SCHOOL, INDIA

Residency: MICHIGAN STATE UNIVERSITY,
EAST LANSING MICHIGAN

Presently: Modesto, CA

RADU MISCHIU, MD

GENERAL MEMBER

MEDICAL SCHOOL: N/A

RESIDENCY: JEWISH HOSPITAL OF CINCINNATI,
CINCINNATI, OH

PRESENTLY: SACRAMENTO, CA

ADBOLLAH SABET, MD

GENERAL MEMBER

MEDICAL SCHOOL: MEDICAL SCHOOL, TEHRAN, IRAN

RESIDENCY: WILLARD STATE HOSPITAL, WILLARD, N.Y

PRESENTLY: STOCKTON, CA

REINSTATEMENTS

None to Report

TRANSFERS IN

Niraj Gupta, MD

General Member

Transfer from: Michigan Psychiatric Society

Presently: Woodland, CA

Barbara Perry, MD

General Member

Transfer from: Michigan Psychiatric Society

Presently: Visalia, CA

DB TRANSFERS OUT

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Melita Daley, MD

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