

THE SOCIETY PAGE

Central California Psychiatric Society Newsletter

Issue No. 30

January 2010

CCPS Update on Rural Mental Health and Telemedicine

By, Donald M. Hilty, MD
CCPS President



The rural provider shortage is increasing in California and this includes psychiatrists. Indeed, a generation of physicians older in age are about to retire soon and worsen this shortage. Primary care medicine is crucial to mental health care delivery in the United States, particularly in rural areas where approximately 25% of the population lives. A lack of mental health services leads to under treatment, poor outcomes, such as higher rates of suicide and homicide, as well as increased use of emergency services, hospitalizations, and placement in mental health institutions. More specifically, patients often have an inadequate trial of antidepressant per national guidelines.

Our current work in service delivery at UC Davis has been using technology to link to rural primary care, mainly with psychiatric consultation-liaison by telemedicine. Telemedicine reduces provider isolation, provides case-based learning and aids decision support. More recently, we have published on using store-and-forward telepsychiatry. Patient video clips are sent by secure email with supporting documentation and diagnoses are valid (compared to a full interview) about 80% of the time. Those “off” can be seen by regular telemedicine.

The UC Davis Rural Program in Medical

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The President-Elect Update

By, Robert McCarron, DO
CCPS President-Elect



Happy New Year!

By now many of you have received the 2010 Annual CME Conference brochure. This conference will be held on March 19-21 at the Chaminade Resort & Spa in Santa Cruz, and it is likely to be one of our best. The CCPS Annual Planning Committee, under the direction of

David Gellerman, has put together an exciting curriculum, with enthusiastic and gifted teachers. For the past decade or so, CCPS has taken a lead with increasing awareness of cultural aspects in psychiatric education and clinical practice. Our March 2010 conference clearly supports our longstanding goal of providing clinically relevant education on how to best use a culturally and linguistically competent approach to patient care. Francis Lu, M.D., [Luke and Grace Kim Endowed Professor in Cultural Psychiatry](#) and Directory of Cultural Psychiatry at UC Davis, will

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President Report

Continued from page 1

Education (Rural-PRIME) was launched in July 2007 as a solution to the physician shortage and healthcare crisis in rural California. It is a five-year MD/Master's program with 12 medical students per year that train in regular medicine, but also rural health, public health and distance education. The goals are to train them, help them select a good residency and return to rural areas to practice. To this end, Rural-PRIME:

- Increases exposure to rural practice;
- Incorporates consistent and frequent input and mentorship by rural preceptor faculty;
- Provides longitudinal course work both in the classroom and in the field, in the areas of Population and Environmental Health, Use of Telecommunication Technology in Clinical Practice, and Distance Learning through the creation of rural learning laboratories;

In 2010-11, we will be launching rural psychiatry sites in up to three communities (unnamed due to formal announcements to come). The students will do 4 weeks at UC Davis and 4 weeks in the communities, featuring telepsychiatry, rural county mental health, integrated mental/primary care health (California Endowment) and interdisciplinary training. For more information on Rural-PRIME, please go to: http://www.ucdmc.ucdavis.edu/mdprogram/rural_prime/index.html.

CCPS Annual Meeting, March 19-21, 2010, Santa Cruz, at Chaminade (<http://chaminade.com>)

The Program Committee led by Dr. Gellerman and with the help of PESC staff, is at it again. The site is a nice, peaceful place to go and the weather is stunning. We found it friendly for spouses/SOs and the kids! Speakers will include Laura Roberts, Editor of *Academic Psychiatry*, on ethics and career issues, as well as many fine faculty, residents and students! Terry Ketter will return for an encore with regard to bipolar disorder, hopefully with some lecture and cases to discuss. Thanks to the Committee and PESC staff!!



President-Elect Update

Continued from page 1

facilitate the discussion of a movie titled, *Saving Face*. This movie will help participants recognize and reduce potential cultural barriers between patients and providers. Dr. Lu will also be our keynote speaker and will give an overview on the wide variety of ethnic and cultural backgrounds in the central California area. The conference will end with an expert panel discussion on how to obtain and use a spiritual history to improve patient care. Please save the date and we hope to see you and your family in beautiful Santa Cruz. Please visit <http://www.mymemberlink.com/2010-ccps-conference> for more information. If you have any suggestions for future Annual Conference topics, please email me at robert.mccarron@ucdmc.ucdavis.edu.

Best wishes for a happy and healthy 2010.

Yosemite Chapter Report

Submitted By, John H. Jacisin, MD, Chapter President

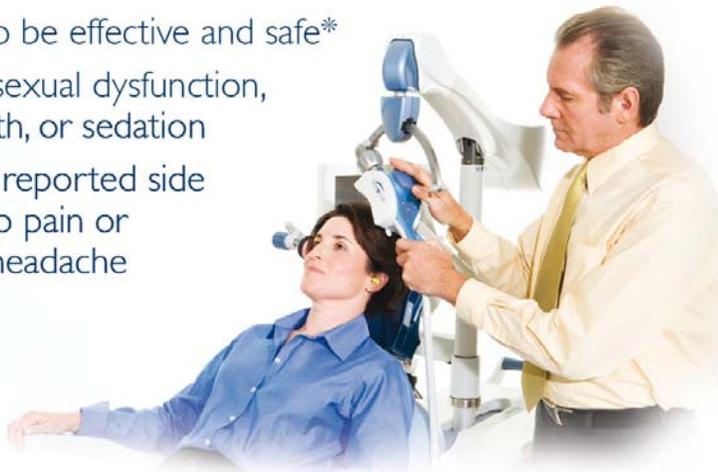
I met with the medical staff of the Doctor's Behavioral Health Center in Modesto on 12/2/09 to present the benefits of APA/CPA/CCPS membership. This group appears highly motivated to be involved and to maintain or initiate membership. The Yosemite Chapter did not meet this period because of a dearth of Pharmaceutical dinner presentations. We have added two psychiatrists to our membership-Drs. Nellie and Anton (Tony) Manganas and we expect two new transfers and a move from Member-in-Training to General Membership in the near future.

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The Women's Health and Career's Committee Introduces:

Submitted By, Jessica Ferranti, MD
Chair, Women's Health and Career Committee

Laura Roberts, M.D.



We are pleased to welcome Dr. Laura Roberts as plenary speaker for our upcoming Central California Psychiatric Society Annual Conference, March 19- 21, 2010 at the Chaminade Resort and Spa in Santa Cruz, California. Dr. Roberts is the Charles E. Kubly Professor & Chairman of the Department of Psychiatry & Behavioral Medicine at the Medical College of Wisconsin.

Dr. Roberts has written extensively on innovations in medical ethics education. Through multiple avenues on local, regional and national levels, Dr. Roberts focuses on improving the care of people with serious illnesses. Dr. Roberts is the recipient of two NARSAD Young Investigator Awards and has received several NIH-funded research grants, including a Career Scientist Award from the NIMH. Her scholarly work has focused on six lines of conceptual and empirical study, all related to ethical issues in clinical care, research and education involving special populations. She has pursued a systematic, sequential elaboration of two themes: 1) clarifying the nature, determinants, predisposing features and ramifications of human vulnerability and strength; and 2) seeking to understand the relationship between experience, education and moral development.

At the upcoming Central California Psychiatric Society annual meeting, Dr. Roberts will speak on the topic of ethical considerations in clinical research involving the seriously ill participant. She will discuss how to develop ethically sound protocols for use in clinical research. Dr. Roberts will also conduct an exciting workshop titled: Seeking Fulfillment and Balance in your Professional and Personal Life. In this interactive presentation, Dr. Roberts will discuss how to engage in an optimally constructive planning process for personal-professional development.

We look forward to benefiting from Dr. Roberts skills, expertise, knowledge and experience. Don't miss this exciting opportunity!



REGISTER TODAY

CENTRAL CALIFORNIA PSYCHIATRIC SOCIETY 2010 ANNUAL CME CONFERENCE



**Friday March 19, 2010 at 4 pm
Through
Sunday March 21, 2010 10 am**

Scheduled Speakers

- **Elizabeth Tully, M.D.,**
 - “Adolescent-Onset of Schizophrenia: Recognition and Interventions”
- **Francis Lu, M.D. ,**
 - Film “Saving Face”
- **Terance Ketter, M.D.,**
 - “Treatment Algorithms in Bipolar and Depressive Disorder”
 - “Using Evidence-based Medicine and NNT in Decision Making”
- **Laura Roberts, M.D.,**
 - “Ethical Considerations in Clinic Research”
 - “Seeking Fulfillment and Balance in your Professional and Personal Life”
- **Francis Lu, MD, Dennis Warren, Esq. , Farshid Farrahi, M.D.,**
 - “Integrating a Spiritual History and Mindfulness into Psychiatric Practice

Visit the CCPS website at www.cencalpsych.org to find registration information
Register Online at <http://www.mymemberlink.com/2010-ccps-conference>

CCPS to Host Northern California PsychSIGN Annual Meeting

Submitted By, Adam Quest
Chair, Medical Student Affairs Committee

The Central California Psychiatric Society has generously offered to host this year's Northern California PsychSIGN conference to be held concurrently with the CCPS annual meeting in Santa Cruz. PsychSIGN is a nationally organized student interest group for medical students considering a career in psychiatry. The organization is supported by the APA and holds a national annual meeting the weekend before the APA annual meeting such that attending students can experience the expertise and myriad educational opportunities available at the APA meeting as well as meet other students who represent the future of psychiatry.

In addition to the annual meeting, each of the seven PsychSIGN regions holds a regional conference intended to bring an event to medical students who are unable to travel to APA each year. The regional conferences depend on the beneficence of the psychiatric societies in their area for the resources to host these regional events. This year CCPS has generously agreed to host PsychSIGN Region Six Northern California chapter's meeting at the Chaminade in Santa Cruz. This sponsorship will provide the opportunity for students in the Bay Area and Sacramento region to gather along side academic psychiatrists and learn about contemporary topics in psychiatry and to observe how practicing psychiatrists come together to learn about the latest developments in psychiatric medicine.

The Northern California PsychSIGN conference will be held on Sunday, March 21st while the CCPS conference is concluding their annual meeting. Speakers will include Dr. Hilty who will discuss trends in medical school admissions, and Dr. McCarron who will discuss trends in combined psychiatry and medicine training programs.

If you are working with any student who is interested in psychiatry and would be interested in attending this event, please have them contact Adam Quest who serves as the Region 6 chair for PsychSIGN at adam.quest@ucdmc.ucdavis.edu.

HAVE YOU MOVED? ARE YOU FINISHING YOUR RESIDENCY?

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MEMBERSHIP UPDATE REPORT

NEW MEMBERS

Sabre Arce, MD

Member In Training
Medical School: Almustansiriyah University, School of
Medicine, Baghdad
Residency: UCLA—Kern, Bakersfield, CA
Graduation Date—06/2011
Presently: Northridge, CA

Albert Chen, MD

Member In Training
Medical School: NYU, NEW YORK, NEW YORK
Residency: UCLA Kern, Bakersfield, CA
Graduation Date—06/2011
Presently: Bakersfield, CA

RICARDO DIAZ-CANEDO, MD

Member In Training
Medical School: UC Irvine
Residency: UCLA-Kern, Bakersfield, CA
Graduation Date—06/2013
Presently: Bakersfield, CA

Larissa Grace, MD

Member In Training
Medical School: OHIO STATE UNIVERSITY SCHOOL OF
MEDICINE, COLUMBUS, OH
Residency: UCLA-Kern, Bakersfield, CA
Graduation Date—06/2013
Presently: Bakersfield, CA

ELIZABETH RICCIARDI, MD

Member In Training
Medical School: TOURO UNIVERSITY NEVEADA,
HENDERSON, NV
Residency: UCLA-Kern, Bakersfield, CA
Graduation Date—06/2013
Presently: Bakersfield, CA

ABDOLREZA SAADBADI, MD

Member In Training
Medical School: TERRAN UNIVERSITY OF MEDICAL
SCIENCES, TERRAN, IRAN
Residency: UCLA-Kern, Bakersfield, CA
Graduation Date—06/2013
Presently: Bakersfield, CA

SAMER SALMO, MD

Member In Training
Medical School: UNIVERSITY OF ALEPPO, ALEPPO, SYR
Residency: UCLA-Kern, Bakersfield, CA
Graduation Date—06/2013
Presently: Bakersfield, CA

MICHAEL THAO, MD

Member In Training
Medical School: UNIVERSITY OF MINNESOTA,
MINNEAPOLIS, MN
Residency: UCSF-Fresno, Fresno, CA
Graduation Date—06/2013
Presently: Fresno, CA

REINSTATEMENTS

Alvin Neumeyer, MD, Modesto, CA

TRANSFERS IN

Gemma Lopez, MD

Member In Training
Transfer from: Northern California Psychiatric
Society
Presently: Sacramento, CA

Lorin Scher, MD

Member In Training
Transfer from: New York County District Branch
Presently: Sacramento, CA

Kristina Scherwin, MD

Member In Training
Transfer from: Northern California Psychiatric
Association
Presently: Sacramento, CA

Joseph Lebenzon, MD

General Member
Transfer from: Maine Association of Psychiatric
Physician
Presently: Visalia, CA

Francis Lu, MD

General Member
Transfer from: Northern California Psychiatric
Society
Presently: Sacramento, CA



MEMBERSHIP UPDATE REPORT

Aykut Ozden, MD

General Member

Transfer from: Northern California Psychiatric Society

Presently: Tracy, CA

Roobai Sekhon, MD

General Member

Transfer from: Ohio Psychiatric Physicians Association

Presently: Sacramento, CA

Naiyar Zaman, MD

General Member

Transfer from: Northern California Psychiatric Society

Presently: Sacramento, CA

DB TRANSFERS OUT

James Bourgeois, MD

Emilita Talaag, MD

ADVANCEMENTS

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Virgina T. Corpuz, MD

Aubrey L. Eubanks, MD

Shirin Hoodei, MD

Raheel Ahmad Khan, DO

Anna V. Marquez, MD

Jessica B. McCoy, MD

Cyndi R. Murrer, MD

Rachel M. Smith, MD

Azeza B. Uddin, MD

Ken Weinstock, MD

Benjamin K. Woo, MD

Yuhuan Xie, MD

Julie S. Young, MD

Xiaoling Zhu, MD

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